

ACADEMIC PROGRAMS

Semester I

Year 9

Food Technology

FAIRHOLME COLLEGE

HOME ECONOMICS DEPARTMENT

Course: Year 9 Food Technology

Outline: SEMESTER 1, 2017

Introduction:

Term One and Two

Students undertake Food Technology for one semester. They participate in one theory and one practical lesson per week.

Through exposure to nutritional issues that are relevant to adolescents, students should:

- develop an understanding of basic nutrition and the role food plays in a healthy lifestyle
- develop an understanding of the role fast food plays in a balanced diet
- develop an understanding of the impact of lifestyle diseases and the importance of a balanced diet in preventing such diseases
- understand the role advertising plays in influencing adolescent food choices
- acquire knowledge of a variety of practical cookery skills and techniques
- develop confidence in making decisions about their health and strategies to apply in the kitchen to further enhance their nutritional health
- refine recipes to improve nutritional content and appeal to adolescents.

Assessment Summary:

Term One

Assessment Task
Written Test

Term Two

Assessment Task
Design Challenge Practical Task
Design Journal