

ACADEMIC PROGRAMS

Semester I

Year 7 - 10

HPE

Disclaimer

Under QSA guidelines summative assessment depends on the fullest and latest information on a student's performance, based on a process of continuous assessment. This gives a stability to teacher judgments and shows how students progress. Thus formative assessment informs the end-of-course summative judgment.

And

Unless otherwise specified Year 11 Assessment is Formative and Year 12 Assessment is Summative.

FAIRHOLME HEALTH & PHYSICAL EDUCATION DEPARTMENT

Course: YEAR 7 HPE

Outline: SEMESTER 1, 2017

Introduction:

Term One – Resourceful Adolescent Program and Swimming

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of coping mechanisms
- acquire knowledge and understanding to acknowledge others' view points
- develop positive self esteem and self talk
- develop effective communication skills
- develop team working skills
- develop stroke performance in Swimming
- participate in drills and modified activities in an Aquatic environment
- be organised
- participate to the best of their ability

Term Two – Resourceful Adolescent Program and Athletics

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of coping mechanisms
- acquire knowledge and understanding to acknowledge others' view points
- develop positive self esteem and self talk
- develop effective communication skills
- develop team working skills
- develop Athletic skills
- participate in drills
- be organised
- participate to the best of their ability

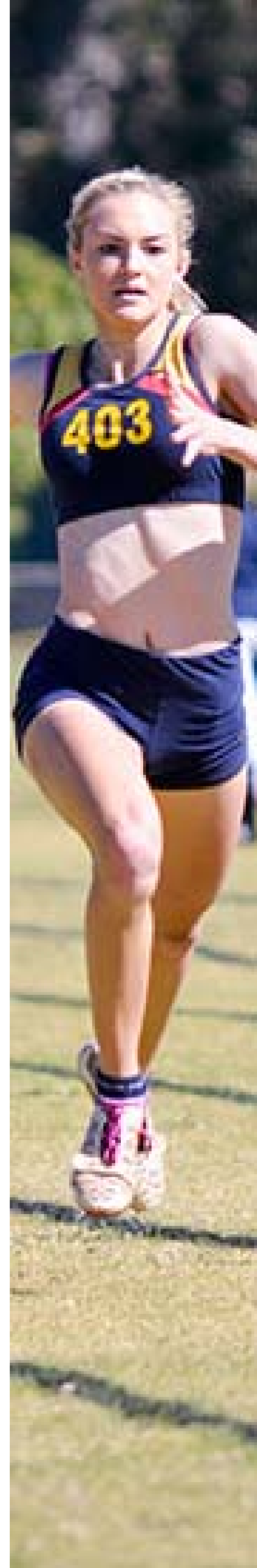
Assessment Summary:

Term One – RAP and Swimming

| Week | Date | Assessment Task |
|-----------------|------------------------|---|
| 1-10 | Each lesson | Ongoing assessment of practical performance |
| 8 (Wk B) | Friday 17 March | RAP booklet |

Term Two – RAP and Athletics

| Week | Date | Assessment Task |
|-----------------|----------------------|---|
| 1-9 | Each lesson | Ongoing assessment of practical performance |
| 9 (Wk A) | Friday 2 June | RAP booklet |



FAIRHOLME HEALTH & PHYSICAL EDUCATION DEPARTMENT

Course: YEAR 8 HPE

Outline: SEMESTER 1, 2017

Introduction:

Term One – Body Systems (Skeletal), Swim and Survive

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of anatomical terms
- acquire knowledge and understanding of the structure and function of the skeletal system
- develop communication skills
- develop Swim and Survive skills
- be organised
- participate to the best of their ability

Term Two – Body Systems (Muscular), Athletics

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of anatomical terms
- acquire knowledge and understanding of the structure and function of the muscular system
- develop communication skills
- develop Athletics skills
- be organised
- participate to the best of their ability

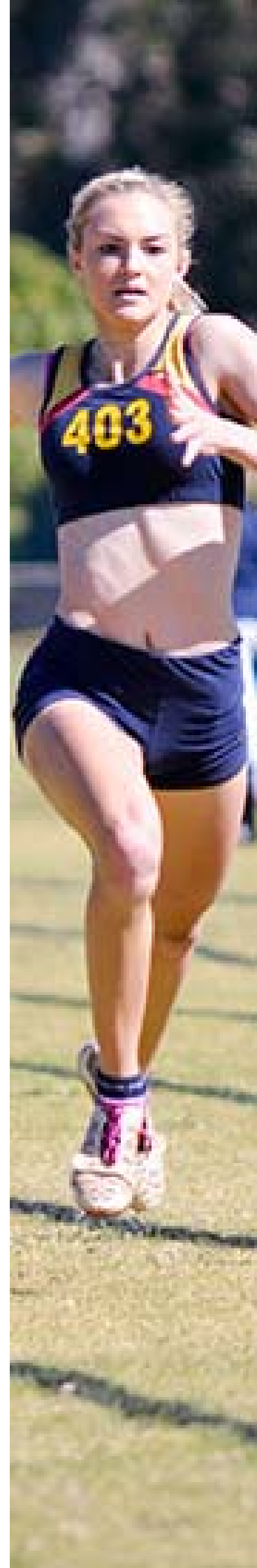
Assessment Summary:

Term One – Body Systems and Swim and Survive

| Week | Date | Assessment Task |
|----------|--|---|
| 1-10 | Each lesson | Ongoing assessment of practical performance |
| 8 (Wk B) | <u>Week commencing Monday</u> <u>13 March (in class time)</u> | Body Systems Exam |

Term Two – Body Systems and Athletics

| Week | Date | Assessment Task |
|----------|--|---|
| 1-9 | Each lesson | Ongoing assessment of practical performance |
| 7 (Wk A) | <u>Week commencing Monday</u> <u>29 May (in class time)</u> | Body Systems Exam |



FAIRHOLME HEALTH & PHYSICAL EDUCATION DEPARTMENT

Course: YEAR 9 HPE

Outline: SEMESTER 1, 2017

Introduction:

Term One – Sports Medicine and Badminton

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of sports medicine terms
- acquire knowledge and understanding of the procedure for dealing with sports medicine situations
- develop communication skills
- develop Badminton skills
- be organised
- participate to the best of their ability

Term Two – Sports Medicine and Rhythmic Gymnastics

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of sports medicine terms
- acquire knowledge and understanding of the procedure of dealing with sports medicine situations
- develop communication skills
- develop Rhythmic Gymnastics skills
- develop and perform a pairs Rhythmic Gymnastics routine
- be organised
- participate to the best of their ability

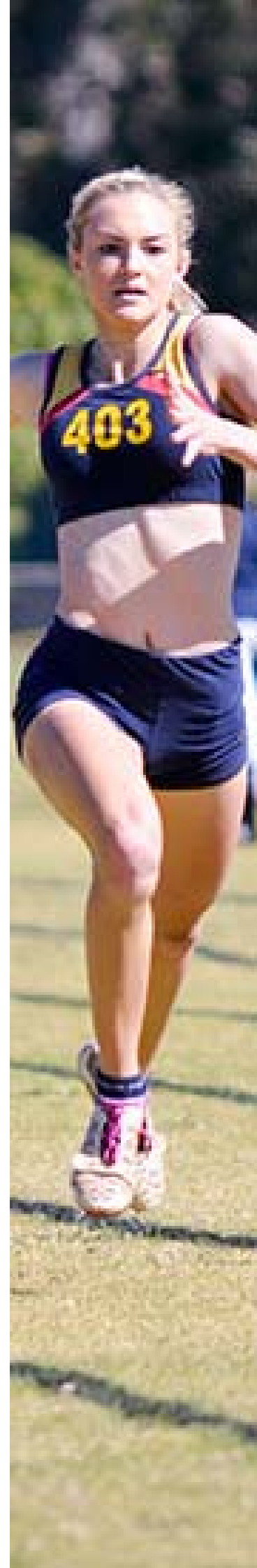
Assessment Summary:

Term One – Sports Medicine and Badminton

| Week | Date | Assessment Task |
|-----------------|--|---|
| 1-10 | Each lesson | Ongoing assessment of practical performance |
| 8 (Wk B) | <u>Week commencing Monday</u> <u>13 March (in class time)</u> | Sports Medicine Task |

Term Two – Sports Medicine and Rhythmic Gymnastics

| Week | Date | Assessment Task |
|-----------------|--|---|
| 1-7 | Each lesson | Ongoing assessment of practical performance |
| 8-9 | When lesson occurs | Performance of pair Rhythmic Gymnastics routine |
| 7 (Wk A) | <u>Week commencing Monday</u> <u>29 May (in class time)</u> | Sports Medicine Exam |



FAIRHOLME HEALTH & PHYSICAL EDUCATION DEPARTMENT

Course: YEAR 10 HPE

Outline: SEMESTER 1, 2017

Introduction:

Term One – Sociology and AFL

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of sociological issues relating to sport
- develop group discussion and working skills
- develop communication skills
- develop AFL skills
- participate in drills and modified games
- be organised
- participate to the best of their ability

Term Two – Sociology and Tennis

Through participation in a theory and practical topic, students should:

- acquire knowledge and understanding of a range of sociological issues relating to sport
- develop group discussion and working skills
- develop communication skills
- develop Tennis and Basketball skills
- participate in drills and modified games
- be organised
- participate to the best of their ability

Assessment Summary:

Term One – Sociology and AFL

| Week | Date | Assessment Task |
|----------|--|---|
| 1-10 | Each lesson | Ongoing assessment of practical performance |
| 8 (Wk B) | <u>Week commencing Monday</u> <u>13 March (in class time)</u> | Sociology Task |

Term Two – Sociology and Tennis

| Week | Date | Assessment Task |
|----------|----------------------|---|
| 1-9 | Each lesson | Ongoing assessment of practical performance |
| 7 (Wk A) | <u>Friday 2 June</u> | Sociology Assignment |

